

Inching to Independence



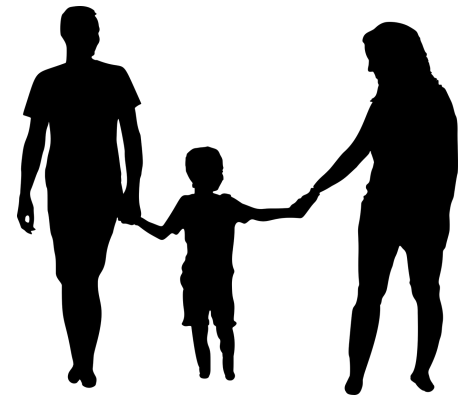
1. Participate in Groups with other kids:

Adult led groups like library storytime and swimming lessons & playtime with other kids their age

2. Care for toys and materials

Learn to clean-up after playing and how to keep spaces tidy (ish)

3. Develop personal care routines (bottom right)



Remember...






Encouraging independence is about coming alongside kids to help them learn how to do things for themselves

It's NOT expecting them to do things by themselves

TEACHING TRIO

Start where they're at and help them take their next step

Show Them How	Do it Together	Be there to Help
		
Showing: Modeling, Instructing, Explaining	Practicing: Role playing, Rehearsing, Pretending	Coaching: Suggesting, Reminding, Monitoring

Some personal care routines for kids to learn at home

- Eating
- Getting dressed
- Clean-up
- Leaving the house
- Arriving home
- Hand washing
- Using the Washroom