

# Delta School District



## Communicable Disease Prevention Plan

January 2022

## Table of Contents

### Contents

|  |    |
|--|----|
| ENHANCED MEASURES – JANUARY 2022 .....   | 3  |
| PURPOSE OF THIS COMMUNICABLE DISEASE PLAN .....  | 5  |
| REGULATORY COMPLIANCE AND REFERENCE TO OTHER DOCUMENTS .....                                 | 5  |
| WHAT IS COMMUNICABLE DISEASE? .....  | 5  |
| ROLES AND RESPONSIBILITIES .....   | 7  |
| RISK IDENTIFICATION AND ASSESSMENT .....   | 8  |
| RISK CONTROL .....   | 9  |
| RESPONDING TO ELEVATED RISK .....  | 10 |
| COMMUNICABLE DISEASE PREVENTION CONTROLS.....  | 10 |
| COVID-19 SPECIFIC PREVENTION MEASURES AND SCHOOL ACTIVITY SPECIFIC PREVENTION MEASURES ..... | 14 |
| Appendix A: Common Communicable Diseases and Symptoms .....                                  | 20 |
| Appendix B: Daily Health Check Tool.....   | 21 |
| Appendix C: Visitor Information Tracking Form .....  | 22 |
| Appendix D: What to do if a Student or Staff Member Develops Symptoms .....                  | 23 |
| Appendix E: Handwashing Poster .....   | 24 |
| Appendix F: Curriculum, Programs and Activities .....  | 25 |

## ENHANCED MEASURES – JANUARY 2022

Due to the recent emergence of the more transmissible COVID-19 Omicron variant, it is recommended that a number of enhanced control measures are implemented to reduce the risk of transmission.

| Enhanced Prevention Measures        |   |  |
|-------------------------------------|---|--|
| <i>Space Arrangement</i>            | Maximize space between people.  | Review common space, classroom, and learning environment configurations to maximize space. Avoid face-to-face seating arrangements where possible.   |
| <i>School Gatherings and Events</i> | Implement strategies that prevent crowding during class transition and break times.   | Stagger start/stop times, or recess/snack, lunch and class transition times. Regular learning activities that bring together multiple classes (e.g., examinations, physical education) should be spread out across multiple locations/spaces whenever possible, but do not need to be reduced in size.   |
| <i>Visitor Access</i>               | Limit visitors to those that are supporting activities that are of direct benefit to student learning and wellbeing<br><br>No spectators for school sports or events        | E.g., teacher candidates, immunizers, meal program volunteers, etc..   |
| <i>School Sports</i>                | Extracurricular sports tournaments will be paused.  | Sports tournaments are a single or multi-day gathering of three or more sports teams, who come together outside regular league play for the purpose of teams playing against multiple other teams, but does not include: <ul style="list-style-type: none"> <li>• A gathering where team members compete on an individual basis against members of other teams, or</li> <li>• A gathering where the result will decide if a team will advance to play in a national or international competition.</li> </ul> |
| <i>Mask Use</i>                     | Masks are required to be worn by all students, staff and visitors while indoors at school. Everyone who is able to (i.e., does not have a mask exemption) must wear a mask. | Reminders will be communicated to students (and their parents/caregivers) and staff that includes: <ul style="list-style-type: none"> <li>• Wearing masks at school is required under a public health order.</li> <li>• Proper fit is a key factor in mask effectiveness.</li> <li>• Masks are most effective when everyone who is able to is wearing one.</li> <li>• Those with mask exemptions continue to follow any strategies identified to reinforce and enhance other safety measures.</li> </ul>     |

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|  |  | <p>Those not able to wear a mask all day continue to be encouraged to wear one as much as they're able to.</p> <p>For those with mask exemptions, administrators and staff support other strategies identified to reinforce and enhance other safety measures (as outlined in the <a href="#">Planning Resource: Mask Exemptions</a>).</p> <p>For those with mask exemptions, alternative strategies identified are adjusted if needed, based on the additional prevention measures.</p> |
|--|--|--|

In addition to the enhanced preventions measures outlined above, it is critical that all staff and students continue to follow their own personal prevention strategies to minimize the risk of transmission as much as possible including:

*Daily Health Check*

Conduct a Daily Health Check for signs and symptoms of illness before you arrive at school. If you feel sick, STAY HOME!

*Washing/Sanitizing Hands*

Wash your hands frequently with soap and water. If soap and water are unavailable, use alcohol sanitizer solution.

*Wearing a Mask*

Wear a mask whenever you are indoors. Ensure your mask fits properly and covers your mouth, nose and lower face.

*Maintain Physical Distance*

Avoid close contact with others as much as possible. Limit crowding in high-traffic areas.

These enhanced measures may provide additional layers of protection, however, vaccination continues to be the most effective way to reduce the risk of COVID-19 within K-12 school settings. Everyone eligible is strongly encouraged to be fully vaccinated against COVID-19.

For more information regarding these recommended enhanced measures, see the revised [Provincial COVID-19 Communicable Disease Prevention Guidelines](#), from December 29, 2021.

## PURPOSE OF THIS COMMUNICABLE DISEASE PLAN

The purpose of this Communicable Disease Prevention Plan is to protect the District employees, students, parents/guardians, volunteers, visitors, and contractors by providing appropriate information that can be used to prevent and reduce the risk of contracting and transmitting communicable diseases in District schools and sites.

## REGULATORY COMPLIANCE AND REFERENCE TO OTHER DOCUMENTS

This plan aligns with the intent and definition of the:

- [B.C. Workers Compensation Act](#)
- [B.C. Occupational Health and Safety Regulation](#)
- [BC Ministry of Health Provincial COVID-19 Communicable Disease Guidelines for K-12 Settings \(December 29, 2021\)](#)
- [BCCDC Public Health Communicable Disease Guidance for K-12 Schools \(December 29, 2021\)](#)

## WHAT IS COMMUNICABLE DISEASE?

A communicable disease is an illness caused by an infectious agent that can be transmitted by contact with infected individuals or their bodily discharges or fluids or by contact with contaminated surfaces or objects. Examples of communicable diseases that may circulate in a workplace include the common cold and seasonal influenza as well as norovirus-like illnesses and chickenpox.

Communicable diseases are most commonly spread from an infected person through:

- Respiratory droplets when a person coughs or sneezes.
- Close personal contact, such as touching or shaking hands.
- Touching something with virus on it, then touching your eyes, nose or mouth before washing your hands.

See Appendix A for a list of common communicable diseases and their associated symptoms.

For more information on common childhood communicable diseases, refer to the [BCCDC Quick Guide for Common Childhood Diseases](#)

### *How does COVID-19 spread?*

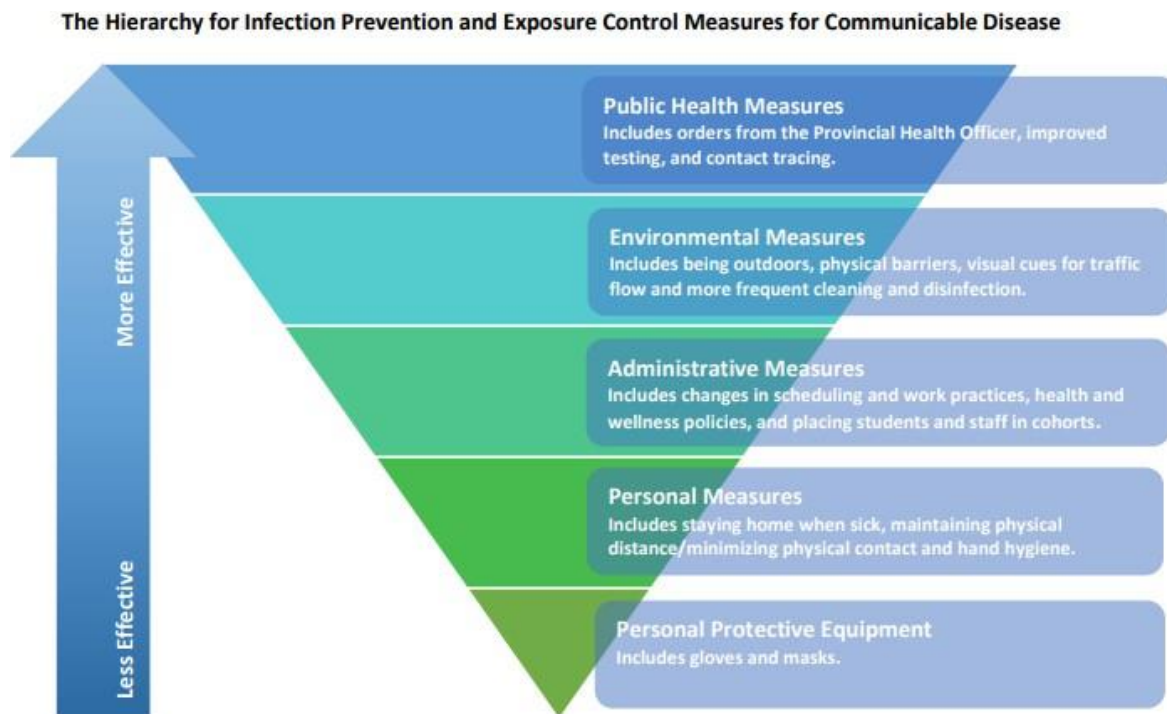
COVID-19 is an infectious disease that mainly spreads among humans through direct contact with an infected person and their respiratory droplets. Respiratory droplets are generated by breathing, speaking, coughing and sneezing. Your exposure is greatest when you have prolonged close contact with an infected person.

The virus can also spread if you touch a contaminated surface and then touch your eyes, mouth, or nose. A surface can become contaminated if droplets land on it or if someone touches the surface with contaminated hands.

The best way to prevent transmission is to frequently wash your hands with soap and water.

### *Selection of Control Measures*

To reduce the risk of COVID-19 transmission in District schools and worksites, a variety of control measures will be implemented. Whenever possible, the District will select control measures that provide the best/widest protection to all staff and students first. Should those control measures not be feasible or practicable, control measures will be selected from the next level of protection. Personal protective equipment will only be used if other control measures are not possible or practicable.



## ROLES AND RESPONSIBILITIES

### *District Leadership (Superintendents, Directors)*

- Select, implement, and document risk assessments and appropriate site-specific control measures.
- Ensure that all resources (information, authorization administrative changes, technology, training, human resources) and materials (personal protective equipment, equipment, cleaning and disinfecting products and systems) required to implement and maintain the safety plan are reasonably available as practical when required.
- Ensure that all District staff are informed about the content of safety policies.
- Conduct a periodic review of the effectiveness of the plan. This includes a review of work practices and the available control technologies to ensure that these are selected and used when practical.
- Maintain a record of all visitors, including name, contact info and date/time of visit

### *Supervisors (Principals/Administrators)*

- Ensure that workers are knowledgeable regarding the controls required to minimize their risk of exposure to communicable diseases, especially COVID-19
- Direct work in a manner that eliminates or minimizes the risk to workers.
- Post or relay educational and informational material in an accessible area for workers to review.
- Maintain records of training and inspections.
- Maintain a record of all visitors, including name, contact info and date/time of visit
- Ensure parents and staff are aware of the need to perform a health check on a DAILY basis

### *District Staff*

- Know the controls required to minimize their risk of exposure to communicable diseases, especially COVID-19
- Participate in communicable disease prevention related training and instruction.
- Follow established work procedures and instructions as directed by the employer or supervisor.
- Report any unsafe conditions or acts to the supervisor.
- Know how and when to report exposure incidents.
- Perform DAILY health check for signs and symptoms of illness prior to reporting to work
- Stay home if signs and symptoms of illness are present. Do not return to work until assessed by health care provider and symptoms have resolved

### *Students/Parents/Families*

- Check students DAILY for signs and symptoms of illness prior to arrival at school.
- Stay home if signs and symptoms of illness are present
- Have a plan for the pick up their child if the child shows symptoms of illness at school
- Stay home if signs and symptoms of illness are present. Do not return to school until assessed by health care provider and symptoms have resolved

## RISK IDENTIFICATION AND ASSESSMENT

Public health advises that the risk of communicable diseases in schools generally parallels that of the community within which the school is located. For example, if colds or influenza are prevalent in the community, then these illnesses will be seen in schools and among staff and students.

Our experience in B.C. during the 2020-21 school year, which aligned with evidence gathered nationally and internationally, saw schools as lower-risk environments for COVID-19 transmission when infection prevention and exposure control measures (also called prevention measures) were in place. *WorkSafeBC* guidance for communicable disease prevention plans requires that employers remain informed of developing communicable disease issues.

The risk identification and assessment table in **Appendix A** is provided as a general reference to common communicable diseases. This list, risk identification, and assessment is not exhaustive. Rather, it provides an overview of some of the communicable diseases that are observed in K-12 schools and worksites and which concern both staff and students. The existence of vaccines and other preventative controls contribute to lowering the risk of vaccine-preventable diseases.



## RISK CONTROL

The District implements communicable disease prevention controls to mitigate the risks of exposure. Communicable disease controls are categorized into a hierarchy of effectiveness. The controls listed here and implemented in the District or community, effectively control periodic communicable disease events.

1. **Elimination:** Remove the hazard, the communicable disease, from the workplace. These include:
  - Support public health's delivery of routine childhood immunizations.
  - Support public health's delivery of immunizations/vaccinations for emerging diseases (e.g., SARS, COVID-19, etc.) to suppress viral transmission in the community as a whole
  - Public Health Orders aimed to decrease hazardous environments and environments.
2. **Engineering controls:** Contain the hazard or reduce the risk with an engineered control. These include:
  - Provision of barriers (such as Plexiglass) as per public health guidance and where deemed necessary.
  - Well maintained ventilation systems that run longer, let in more outside air, and maximize occupant control.
  - Upgrading indoor air filtration with Merv13 air filters.
  - Placement or installation of hand sanitation stations.
3. **Administrative controls:** Reduce the risk through organizational processes, procedures, or behaviour changes of employees and/or students. These include:
  - Daily health checks before work or school and staff/students/visitors staying home when sick.
  - Spread out from others in an indoor space, as much as is practical for education/work.
  - Reinforce diligent respiratory etiquette for coughs and sneezes.
  - Reinforcement of diligent hand hygiene and provide supplies and check daily.
  - Clean general facility surfaces, high touch surfaces, and shared equipment.
  - Maintain occupancy limits for indoors.
  - Communicate by providing information on hazards and controls to staff, students, parents, and visitors as well as signage of expected actions or required procedures.
4. **Personal protective equipment (PPE):** Reduce risk of contact with infectious agents. These include:
  - Two or three-ply reusable cloth mask (a COVID-19 specific measure).
  - Disposable non-medical face masks (as needed based on occupational task e.g., first aid
  - Face shields or goggles (as needed for occupational task e.g., spitting behavior or an additional COVID-19 specific measure).
  - Gloves - as needed by occupational task (e.g., first aid, personal care, etc.). See Appendix F:
  - Gowns - as needed by occupational task (e.g., personal care)

## RESPONDING TO ELEVATED RISK

From time to time, public health may advise of elevated risk of a specific communicable disease transmission in a particular workplace(s) or context(s). Where public health has advised of an elevated risk of communicable disease transmission relevant to an employer's workplace, region, or industry, employers must take steps to assess the risk in the workplace and to follow the necessary measures to the extent practicable as provided by public health.

In addition, school administrators may note elevated student absenteeism (over 10% above typical absenteeism in a school or class) and report it to the District Health and Safety Officer. Health and Safety follows up on all reports of elevated absenteeism with common reasons (e.g., student is away with rash, vomiting, fever, flu-like symptoms, etc.) and contacts the Fraser Health Public Health Unit to determine if any school-based or public health action is required.

## COMMUNICABLE DISEASE PREVENTION CONTROLS

The District has put in place a number of risk-control measures for the prevention of various communicable diseases covered by this Plan. The following describes these measures. It is important to remember that these are long-term and ongoing prevention procedures that are to be conducted daily and apply in all schools/sites in the District.

| Ongoing and Daily Communicable Disease Prevention Measures |   |
|--|---|
| Stay Home if Sick  | <ul style="list-style-type: none"><li>All staff, students, parents, volunteers, and approved visitors must stay home from school or work if they are sick or have new or worsening symptoms of any communicable disease (e.g., cold/flu like symptoms, rash, nausea/vomiting/diarrhea, loss of sense of taste or smell, etc.). Similarly, they must go home without delay should they develop symptoms while at school/work.</li></ul>  |
| Daily Health Checks  | <ul style="list-style-type: none"><li>All staff, students and their parents, and visitors, must conduct a Daily Health Check (refer to <b>Appendix B</b>) before coming to a school or workplace in order to determine if they or their child has new or worsening symptoms and must stay home from school or work if they do.</li><li>The Daily Health Check is accessible via <b>Appendix B</b>, and signage is posted in schools/workplaces. A <a href="#">COVID-19 K-12 Health Check app</a> is available for convenience of parents/students.</li></ul> <p>All school-based staff must report to the school office any students who develop new or worsening symptoms of a communicable disease during the school day and ensure the student is transferred to the health room and supervised/cared for while they await pick-up by their parent. See <b>Appendix D: What to do if a Student or Staff Member Develops Symptoms</b></p> |
| Sign-In/Out of Schools                                     | <ul style="list-style-type: none"><li>All approved parents, volunteers, and visitors with appointments, and staff who are not assigned to the location they are visiting/working at (TTOCs, itinerant staff, etc.) must sign-in and out and record their contact information, including phone number, at the main school office. These records are to be kept by the school for 45 days.</li><li>See <b>Appendix C</b> for a Visitor Information Tracking Log</li></ul>   |
| Respiratory Etiquette                                      | <ul style="list-style-type: none"><li>All staff, students and other people within a school or workplace are expected to practice diligent and proper respiratory etiquette. This includes covering coughs and sneezes with their elbow or a single use tissue, appropriate disposal of any used tissues or disposable masks into garbage bins, and practicing proper hand hygiene afterwards.</li></ul>   |

| Hand Hygiene  | <ul style="list-style-type: none"> <li>▪ Rigorous hand washing with plain soap and water is the most effective way to reduce the spread of illness (antibacterial soap is not needed). If hands are soiled, hand washing is superior to hand sanitizing. Hand washing with soap under running water for 20 seconds is reinforced with staff and students.</li> <li>▪ Hand washing stations and/or hand sanitizer have been supplied to classrooms, offices, lunch areas, and certain common areas as determined by the school administrator with recommendations from the Site H&amp;S Committee.</li> <li>▪ Staff should assist younger students with hand hygiene as needed</li> <li>▪ The District uses <i>Health Canada</i> approved hand sanitizing products.</li> <li>▪ Proper and frequent hand hygiene is essential, is encouraged and reinforced (e.g., staff reminders, posters) and must be completed at several times throughout the school or worksite.</li> </ul>   |  |   |   |   |
|---|---|--|---|---|---|
| Hand Hygiene (cont.)  | <ul style="list-style-type: none"> <li>▪ The following table outlines the when staff and students are to practice hand hygiene.</li> </ul> <table border="1"> <thead> <tr> <th>When Students Should Perform Hand Hygiene:</th><th>When Staff Should Perform Hand Hygiene:</th></tr> </thead> <tbody> <tr> <td> <ul style="list-style-type: none"> <li>• When they arrive at school.</li> <li>• Before and after any breaks (e.g., recess, lunch).</li> <li>• Before and after eating and drinking (excluding drinks kept at a student's desk or locker).</li> <li>• Before and after using an indoor learning space used by multiple cohorts (e.g. the gym, music room, science lab, etc.).</li> <li>• After using the toilet.</li> <li>• After sneezing or coughing into hands.</li> <li>• Whenever hands are visibly dirty.</li> </ul> </td><td> <ul style="list-style-type: none"> <li>• When they arrive at school.</li> <li>• Before and after any breaks (e.g. recess, lunch).</li> <li>• Before and after eating and drinking.</li> <li>• Before and after handling food or assisting students with eating.</li> <li>• Before and after giving medication to a student or self.</li> <li>• After using the toilet.</li> <li>• After contact with body fluids (i.e., runny noses, spit, vomit, blood).</li> <li>• After cleaning tasks.</li> <li>• After removing gloves.</li> <li>• After handling garbage.</li> <li>• Whenever hands are visibly dirty.</li> </ul> </td></tr> </tbody> </table> <ul style="list-style-type: none"> <li>▪ See <b>Appendix E</b> for a handwashing poster that can be posted at sinks and washing areas.</li> </ul> | When Students Should Perform Hand Hygiene: | When Staff Should Perform Hand Hygiene: | <ul style="list-style-type: none"> <li>• When they arrive at school.</li> <li>• Before and after any breaks (e.g., recess, lunch).</li> <li>• Before and after eating and drinking (excluding drinks kept at a student's desk or locker).</li> <li>• Before and after using an indoor learning space used by multiple cohorts (e.g. the gym, music room, science lab, etc.).</li> <li>• After using the toilet.</li> <li>• After sneezing or coughing into hands.</li> <li>• Whenever hands are visibly dirty.</li> </ul> | <ul style="list-style-type: none"> <li>• When they arrive at school.</li> <li>• Before and after any breaks (e.g. recess, lunch).</li> <li>• Before and after eating and drinking.</li> <li>• Before and after handling food or assisting students with eating.</li> <li>• Before and after giving medication to a student or self.</li> <li>• After using the toilet.</li> <li>• After contact with body fluids (i.e., runny noses, spit, vomit, blood).</li> <li>• After cleaning tasks.</li> <li>• After removing gloves.</li> <li>• After handling garbage.</li> <li>• Whenever hands are visibly dirty.</li> </ul> |
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| General Cleaning of the School or Site  | <ul style="list-style-type: none"> <li>▪ Schools will be cleaned and disinfected as per BCCDC guidance for public schools.</li> <li>▪ District Facilities staff will conduct general cleaning of the premise (e.g., school or site flooring, garbage removal, cleaning visibly dirty surfaces, etc.) once a day.</li> <li>▪ School staff are to contact the school office for assistance from custodial staff in cleaning up body fluid spills (e.g., blood, stool, urine, vomit).</li> <li>▪ Cleaning and disinfecting supplies are provided to other staff in order to spot clean as they deem necessary.</li> </ul>  |  |   |   |   |
| Cleaning and Disinfecting Frequently Touched Surfaces/Items   | <ul style="list-style-type: none"> <li>▪ Frequently touched surfaces will be cleaned and disinfected at least once a day.</li> <li>▪ District Facilities staff will clean and disinfect the following frequently touched surfaces: <ul style="list-style-type: none"> <li>○ Items used by larger numbers of students and staff, including doorknobs, light switches, hand railings, water fountains, faucet handles, toilet handles.</li> <li>○ Service counters (e.g., office reception counters, library circulation desk)</li> </ul> </li> </ul>   |  |   |   |   |

- Staff who use or introduce shared equipment or, in secondary schools or adult education, the students who use the equipment, will clean and disinfect:
  - Items such as shared computer keyboards and tablets, dishes and kitchen equipment, PE/sports equipment, music equipment, etc.
  - Appliances which are shared such as microwaves, refrigerators, coffee pots/machines, etc.
  - Equipment that touches the mouth (e.g., water bottles, instrument mouth pieces, dishes, certain toys, and manipulatives) or that have been in contact with body fluids should not be shared unless cleaned and disinfected in between use by others.

NOTE:

- Frequently touched items like toys or manipulatives that may not be able to be cleaned often (e.g. fabrics) or at all (e.g. sand, foam, playdough, water tables, etc.) can be used, when hand hygiene is practiced before and after use.
- Carpets and rugs (e.g. in Kindergarten and *StrongStart* classes) can be used.

|  |   |
|--|---|
| <p>Cleaning and Disinfecting Frequently Touched Surfaces/Items (con't)</p> | <ul style="list-style-type: none"> <li>• There is little to no evidence that viable COVID-19 viruses are transmitted via textbooks, paper, or other paper-based products. <a href="https://www.cdc.gov/coronavirus/2019-ncov/more/science-and-research/surface-transmission.html">https://www.cdc.gov/coronavirus/2019-ncov/more/science-and-research/surface-transmission.html</a>.</li> <li>• Laminated or glossy paper (e.g. DVDs) can be contaminated if handled by a person who is sick; however, the risk is low. After use, there is no need for these items to be cleaned and disinfected or left unused for any period of time, or for hand hygiene to be practiced before or after use.</li> <li>• Personal items are to be kept to a minimum - they will not be cleaned by the custodial staff.</li> </ul> <p><u>Cleanings and Disinfecting Blood and Body Fluids</u></p> <ul style="list-style-type: none"> <li>▪ Custodial staff follow these procedures, when cleaning and disinfecting bodily fluids (e.g., vomit, stool, urine): <ul style="list-style-type: none"> <li>○ Staff will wear disposable gloves when cleaning blood and body fluids.</li> <li>○ Wash hands before/after putting on/taking off gloves.</li> <li>○ Use paper towel to clean up solid and liquid matter.</li> <li>○ Disinfect the item or surface once the surface it has been cleaned.</li> </ul> </li> </ul> <p><u>Laundry</u></p> <ul style="list-style-type: none"> <li>▪ Staff are to follow these procedures when doing laundry (e.g., Home Economics, Physical and Health Education, Life Skills Programs, etc.): <ul style="list-style-type: none"> <li>○ Laundry should be placed in a laundry basket with a plastic liner. Do not shake dirty items.</li> <li>○ Wearing gloves is optional. If choosing to wear gloves, ensure hand hygiene is performed before and after use. No other PPE is required.</li> <li>○ Wash with regular laundry soap and hot water (60-90°C).</li> <li>○ Proper hand hygiene is required after.</li> </ul> </li> </ul> |
| <p>Ventilation and Air Conditioning</p>                                    | <p>IMPORTANT: Heating, Ventilation, and Air Conditioning Systems (“HVAC systems”) that operate properly do not contribute to the spread of communicable diseases.</p> <ul style="list-style-type: none"> <li>▪ District Facilities staff follow guidelines from the American Society of Heating, Refrigerating and Air- Conditioning Engineers (ASHRAE). The District regularly checks ASHRAE for operational updates and will make adjustments, as needed.</li> <li>▪ Where building systems allow, the District has followed the <a href="#">ASHRAE Position Document on Infectious Aerosols</a> (April 2020) in supporting control of communicable disease and: <ul style="list-style-type: none"> <li>○ Increased run-times for ventilated spaces – starting two hours prior to occupancy and run two hours past end of occupancy (when practical).</li> <li>○ Maximized the amount of outdoor air supplied within the capacity of the heating systems.</li> <li>○ Filtered the air with MERV-13 filters wherever the ventilation equipment allows it.</li> <li>○ Provided maximum possible occupant control over rooms by ensuring windows and any venting louvers (if applicable) are functional and operating.</li> </ul> </li> <li>▪ Staff are encouraged to move activities outdoors when possible (e.g., lunch, classes, physical activity, etc) and consider moving classrooms outside when space and weather permit</li> <li>▪ When using fans in ventilated spaces, air should be moved from high places to lower places and do not blow air directly from one person’s breathing zone towards another.</li> <li>▪ Avoid cross breezes.</li> </ul>   |

## COVID-19 SPECIFIC PREVENTION MEASURES AND SCHOOL ACTIVITY

### SPECIFIC PREVENTION MEASURES

This section describes prevention measures in place to specifically address COVID-19 in schools. Both preventative measures and modifications to typical school activities to help prevent COVID-19 transmission

#### *Supportive, Trauma-Informed Schools/Workplaces and Actions*

The COVID-19 pandemic has resulted in increased uncertainty and stress for many people. Individuals under ongoing stress often have trouble thinking ahead, regulating their emotions, and making decisions. Stressful times are associated with a diminished sense of safety and a loss of power and control. A trauma informed approach to interacting with one another can help to reduce or prevent a trauma response.

All staff, volunteers, visitors, and parents are asked to be respectful of others who may have different levels of comfort. In planning school/work activities and events, staff are asked to consider and respect the personal space of others and elevated perceptions of risk being experienced by others.

Staff and students choosing to practice additional personal prevention measures (e.g., wearing a non- medical mask beyond when it is required or recommended, wearing a face shield in addition to a non- medical mask, etc.) should be treated with respect.

Schools are encouraged to support students in following COVID-19 guidelines, in areas such as mask wearing and not crowding, by using positive and inclusive approaches. Schools should avoid punitive measures or enforcement activities that exclude students from fully participating in school or that could result in stigma.

Some examples of strategies to support others include:

- Being kind, respectful, and compassionate
- Practicing patience with yourself and others
- Organize activities to initially be smaller in size and occur with generous spacing
- Creating routines or schedules
- Empower others to provide choices
- Create quiet spaces for those who need them
- Listen authentically to others
- Encourage and make time to talk and connect
- Going outside to play, learn and enjoy nature
- Acknowledge others and greet students by name, if you are able
- Keep conversations about pandemic news to a minimum

The following table describes COVID-19 specific prevention measures and procedures for schools and sites.

| COVID-19 Specific Prevention Measures            |  |
|--|--|
| Access to Schools                                | <p><b>JANUARY 2022: Limit visitors to those that are supporting activities that are of direct benefit to student learning and wellbeing.</b></p> <p>For access control purposes, entrances to schools/sites can:</p> <ul style="list-style-type: none"> <li>○ Continue to remain locked during regular hours, or,</li> <li>○ Be unlocked during regular hours provided there is access control (e.g., signage/stop sign, etc.) inside the entrance foyer preventing visitors from entering other areas of the school/site.</li> </ul> <ul style="list-style-type: none"> <li>▪ Parents/guardians, essential visitors on school business, ongoing volunteers, and people providing academic support may visit by appointment when the appointment is made in advance of the visit and approved by the school administrator.</li> </ul> <p>Note: Parents of kindergarten (“K”) students may enter schools to support students in transitioning during the gradual entry period as long as they follow the school’s other preventative measures (e.g., Daily Health Check, masks, hand hygiene, etc.).</p> <ul style="list-style-type: none"> <li>▪ All visitors and staff not assigned to the school must sign in and out at the main office and leave contact information. These records will be kept by the school for 45 days.</li> </ul>   |
| Spread Out and Make Space Between People Indoors | <ul style="list-style-type: none"> <li>▪ All staff and students in schools are to spread out from others within all indoor spaces of the school, for gatherings and events, and in staff only spaces. Occupancy limits must be respected by all and will be posted in large meeting/activity spaces (and posted in other rooms where crowding may be a concern, such as staff lunch/break rooms).</li> <li>▪ Exceptions include when closer proximity is required for a specific educational or work activity. These should be kept brief.</li> <li>▪ Strategies will be implemented at the site level to prevent crowding at entrances/exits, pick-up and drop-off times, and anywhere else people may gather/crowd (e.g., common areas, hallways/near lockers, etc). Strategies to prevent crowding include: <ul style="list-style-type: none"> <li>○ Stagger recess/snack, lunch, and class transition times to provide a greater amount of space for everyone.</li> <li>○ Take students outside more often, where and when possible.</li> <li>○ Manage flow of people in common areas, including hallways and around lockers, to minimize crowding and allow for ease of people passing through.</li> <li>○ Use floor markings and posters to address traffic flow throughout the school.</li> </ul> </li> <li>▪ Classrooms and school buses will have dedicated seating plans and on buses students will be spread out into empty seats (when available).</li> <li>▪ For staff only spaces (e.g., lunchrooms/break rooms, photocopier rooms, school main offices, etc.) utilize floor markings and signage to direct traffic flow, respect occupancy limits, and continue to spread out in the available space to prevent staff members from crowding or being in the personal space of others. Do not crowd into staff only spaces (e.g., several staff member crowding together to share a table for lunch, etc).</li> <li>▪ See <i>Gatherings and Events</i> and School Main Office section for more information.</li> </ul> |



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| Personal<br>Protective<br>Equipment<br>(PPE) | <p>Face Masks and Face Shields</p> <p><u>All Staff</u></p> <ul style="list-style-type: none"> <li>▪ All K-12 staff working indoors at school sites and on school buses are required to wear a mask</li> <li>▪ All staff working indoors at non-school sites are required to wear a mask in common areas (e.g., hallways, lobbies, elevators, lunch rooms, etc.).</li> <li>▪ Staff Working with Students with Complex Needs: <ul style="list-style-type: none"> <li>○ Staff supporting students with complex behaviours, medical complexities, or receiving delegated care or instruction may be required to be in close physical proximity or in physical contact with the student.</li> <li>○ Staff must wear a mask when the service or care cannot be provided from behind a barrier</li> </ul> </li> </ul> |
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|---|--|
| Personal Protective Equipment (PPE) (cont.) | <ul style="list-style-type: none"> <li>For students in Grades K to 3, the student or parent/caregiver can determine whether or not the student should also be wearing any PPE when receiving services in close physical proximity.</li> </ul> <p>NOTE: Staff are provided the necessary PPE for working with blood and bodily fluids (e.g., toileting, spitting, biting, first aid). This PPE includes as required for the occupational task; gloves, gowns, face shields, Kevlar sleeves, etc., and for COVID- 19 droplets, a non-medical mask with or without a face shield.</p> <p><u>Students</u></p> <ul style="list-style-type: none"> <li>All students in Grades 4 to 12 are required to wear a non-medical face mask while indoors in schools and on school buses.</li> <li>Students in Kindergarten – Grade 3 are encouraged to wear face masks while indoors.</li> </ul> <p><u>Parents, Volunteers, Visitors, and Contractors</u></p> <ul style="list-style-type: none"> <li>All parents, volunteers, visitors, and contractors are required to wear a mask while indoors in schools and other worksites.</li> </ul> <p><u>Exceptions</u></p> <ul style="list-style-type: none"> <li>Exceptions to wearing face masks by staff, students, volunteers, parent, or visitors: <ul style="list-style-type: none"> <li>A person who cannot tolerate wearing a mask for health or behavioural reasons;</li> <li>A person who is unable to put on or remove a mask without the assistance of another person;</li> <li>If the mask is removed temporarily for the purposes of identifying the person wearing it;</li> <li>If the mask is removed temporarily to engage in an educational activity that cannot be performed while wearing a mask (e.g., playing a wind instrument, engaging in high-intensity physical activity, etc.);</li> <li>If a person is eating or drinking;</li> <li>If a person is behind a barrier/plexiglass; or</li> <li>While providing a service to a person with a disability or diverse ability (including but not limited to a hearing impairment) where visual cues, facial expressions and/or lip reading/movements are important.</li> </ul> </li> <li>Important: Schools must not require a health-care provider's note for staff, students, or visitors who cannot wear a mask.</li> <li>See <a href="#">Planning Resource: Mask Exemptions</a> for strategies to follow for individuals that are unable to wear a mask.</li> </ul> <p><u>Plexiglass</u></p> <ul style="list-style-type: none"> <li>Plexiglass droplet barriers are no longer recommended by public health, however they can continue to be used</li> <li>Plexiglass droplet barriers are available to staff working: <ul style="list-style-type: none"> <li>With students with complex needs where close proximity is required.</li> <li>At reception desks or other locations who deal with visitors.</li> </ul> </li> <li>Plexiglass droplet barriers are available by request for specific staff (e.g., Speech and Language Pathologists, teachers working with students who are deaf or hard of hearing, etc.).</li> </ul> |
| Gatherings and Events                       | <p><u>School/Work Gatherings</u></p> <p>NOTE: The PHO order on gatherings and events does <u>not</u> apply to K-12 schools or workplaces, including examinations and assessments. The requirements in this Plan do apply.</p> <ul style="list-style-type: none"> <li>Room occupancy limits must be respected, the limits set by fire departments apply.</li> <li>Use the space available and spread people out as much as possible within it.</li> </ul>   |

|   |   |
|---|---|
| Gathering and Events (con't)                    | <ul style="list-style-type: none"> <li>▪ School administrators and staff are to plan for and ensure that enough space is available to prevent involuntarily physical contact between attendees during the gathering or event (e.g. prevent overcrowding, etc);</li> <li>▪ School districts are also reminded to consider student and staff comfort levels and what is happening in the community when planning these activities and to explore virtual or smaller gatherings where appropriate. Start small and grow in time.</li> </ul> <p><u>Non-Educational or Work Gatherings</u></p> <p>NOTE: The PHO Gathering and Events Order <u>does</u> apply to social events such as parties, celebrations, rentals, clubs, and theatre and concert performances.</p> <ul style="list-style-type: none"> <li>▪ This means, for example, that “indoor organized seated gatherings can have a capacity of 50 people or 50% capacity, whichever is greater. For example, if the venue has a normal seated capacity of 500 people, 250 people can attend.”</li> <li>▪ Gatherings and Events will fall under the PHO or federal Orders for COVID-19 vaccination (To be Determined).</li> <li>▪ Rentals are permitted and their organizers are required to: <ul style="list-style-type: none"> <li>○ Must spread out in the space.</li> <li>○ Ensuring their participants know and follow the District’s and school’s COVID-19 rules including staying home if sick, wearing masks, etc.</li> <li>○ Ensure rental participants comply with the provincial PHO Orders on <i>Gatherings and Events</i> as well as any Orders stipulating vaccination requirements.</li> </ul> </li> </ul> |
| Staff Rooms/Break Rooms                         | <ul style="list-style-type: none"> <li>▪ Staff are encouraged to take their breaks outdoors.</li> <li>▪ Practice hand hygiene before and after eating or drinking.</li> <li>▪ Spread out in the space. However, strict 2 m physical distancing is not required.</li> <li>▪ Eat lunch in lunchrooms/break rooms seated.</li> <li>▪ Masks may be removed while seated and for eating and drinking and must be worn afterwards if staying in the lunch/break room to socialize or for other purposes.</li> <li>▪ Respect room occupancy limits for these spaces as typically used (set by the fire department).</li> <li>▪ Clean regularly and cleaning supplies are provided in staff rooms to permit staff who wish to disinfect their table before use. Recall, tables will be cleaned once a day by custodial staff.</li> </ul> <p>NOTE: School administrators and staff are also reminded to consider staff comfort levels and what is happening in the community when arranging staff rooms. It is preferred to start small and grow in time.</p>  |
| School Main Office                              | <ul style="list-style-type: none"> <li>▪ Spread out in the space. However, strict 2 m physical distancing is not required.</li> <li>▪ Respect room occupancy limits for these spaces as typically used (set by the fire department).</li> <li>▪ Masks may be removed while seated in private offices and at assigned workstations in main school office. Masks must be worn to move around in the school office, photocopy room, school, and while at the service counter/reception.</li> </ul>   |
| Transportation and COVID-19 Prevention Measures |   |
| School Buses                                    | <ul style="list-style-type: none"> <li>▪ Drivers are to practice hand hygiene often.</li> <li>▪ Students, and any staff on the bus should clean their hands before and after taking the bus.</li> <li>▪ Drivers must wear a face mask (or face shield with a mask under it) on the bus, except when driving.</li> <li>▪ Staff and students in grades 4-12 are required to wear face masks on buses (see Personal Protective Equipment for further detail).</li> <li>▪ School buses will arrange for dedicated seating plans for consistency of contacts</li> <li>▪ Spread passengers out if empty seats are available.</li> <li>▪ Practice respiratory etiquette while on the bus.</li> <li>▪ School buses will be cleaned once a day</li> </ul>  |

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| Carpooling | <ul style="list-style-type: none"><li>▪ Schools should share the following guidance with staff and families regarding carpooling arrangements (personal or school-related):<ul style="list-style-type: none"><li>○ Spread out vehicle occupants as much as possible.</li><li>○ Travel with the same people whenever possible.</li><li>○ Open windows when the weather allows.</li><li>○ Clean hands before and after trips.</li><li>○ Clean frequently touched surfaces regularly.</li><li>○ Masks to be worn at all times as prescribed above</li></ul></li></ul> |
|------------|--|

## Appendix A: Common Communicable Diseases and Symptoms

This Communicable Disease Prevention Plan, including COVID-19 prevention procedures covers the following respiratory illnesses; all could be encountered in our schools/sites. The listed illnesses share common control measures such as the need for daily health check before attending and stay home if sick, practice diligent hand hygiene, and practice proper respiratory etiquette.


| Illness                    | Status and Level of Incidence   | Description of Symptoms  |
|----------------------------|---|--|
| Common cold (viral)        | Endemic, Moderate levels of incidence   | Symptoms: fever; cough; runny nose and sneezing.<br><br>Transmission: person-to-person via droplets, coughing, sneezing, or talking; sharing items; touching contaminated objects.   |
| Influenza                  | Endemic, Moderate levels of incidence<br><br>*Annual Vaccine Available                            | Symptoms: fever; cough; sore throat; runny or stuffy nose; muscle/body aches; headaches; fatigue; sometimes vomiting and diarrhea<br><br>Transmission: person-to-person via droplets, coughing, sneezing, or talking; sharing items; touching contaminated objects   |
| COVID-19                   | Pandemic, likely transitioning to Endemic, Moderate levels of incidence<br><br>*Vaccine Available | Symptoms: fever, cough, shortness of breath and breathing difficulties.<br><br>Transmission: Person-to-person via droplets, coughing, sneezing, or talking; sharing items; touching contaminated objects.  |
| Pneumococcal Disease       | Endemic, Moderate levels of incidence<br><br>*Vaccine Available                                   | Symptoms of pneumococcal pneumonia: fever and chills; cough; rapid breathing or difficulty breathing; and chest pain.<br>Symptoms pneumococcal meningitis: stiff neck; fever; headache; photophobia; confusion.<br>Symptoms of pneumococcal bacteremia: fever; chills; low alertness; transmission.<br><br>Transmission: Direct contact with respiratory secretions, like saliva or mucus. |
| Chicken Pox                | Endemic, Moderate levels of incidence<br><br>*Vaccine Available                                   | Symptoms: fever; cough; muscle ache; body rash.<br><br>Transmission: Person-to-person via breathing, coughs or sneezes; contact with fluid of a chickenpox blister.  |
| Measles                    | Disease under elimination<br><br>*Vaccine Available   | Symptoms: Fever; runny nose; watery eyes; reds spots in mouth; red rash on face and body.<br><br>Transmission: Person-to-person via droplets in air, coughing, sneezing, or talking.   |
| Mumps                      | Endemic, Low levels of incidence<br><br>*Vaccine Available  | Symptoms: Swollen glands near ears or under jaw; fever; headache, ear ache.<br><br>Transmission: Person-to-person droplets in air, coughing, sneezing, or talking; contact with saliva.  |
| Rubella (German Measles)   | Disease under elimination<br><br>*Vaccine Available   | Symptoms: Red or pink rash on face and body; swollen glands behind ears; slight fever; joint pain.<br><br>Transmission: Person-to-person via droplets coughed, sneezed, or breathed into air; contact with discharge from nose.  |
| Pertussis (Whooping cough) | Endemic, Moderate levels of incidence<br><br>*Vaccine Available                                   | Symptoms early stages: runny nose; low-grade fever; mild, occasional cough.<br>Symptoms later stages: coughing fits followed by a high-pitched "whoop" sound; vomiting during or after coughing fits and exhaustion after coughing fits.<br><br>Transmission: Person-to-person via droplets coughed, sneezed, or breathed into air in close spaces.  |
| *Norovirus                 | Endemic, Low levels of incidence  | Symptoms: upset stomach; vomiting; diarrhea; cramping; chills or mild fever.<br><br>Transmission: touching contaminated objects/food and touching nose/mouth.<br><br>(*Note: Not a respiratory disease. However, prevention measures for norovirus are the same as for other listed communicable diseases and norovirus is seasonally experienced in some K-12 schools).                   |

For more detailed information on common childhood communicable diseases, refer to the [BCCDC guide for Common Childhood Communicable Diseases](#)

## Appendix B: Daily Health Check Tool

All students and staff will complete this health checklist DAILY prior to arriving at school.

NOTE:

|  <b>DAILY HEALTH CHECK</b>                 |   |
|---|---|
| KEY SYMPTOMS OF ILLNESS   | WHAT TO DO  |
| Fever (above 38°C)<br>Chills<br>Cough<br>Difficulty breathing<br>Loss of sense of smell or taste                            | <b>If yes to 1 or more of these symptoms:</b><br>Stay home. Contact a health care provider or call 8-1-1 about your symptoms and next steps.  |
| OTHER SYMPTOMS  | WHAT TO DO  |
| Sore throat<br>Loss of appetite<br>Headache<br>Body aches<br>Extreme fatigue or tiredness<br>Nausea or vomiting<br>Diarrhea | <b>If yes to 1 symptom:</b><br>Stay home until you feel better.<br><br><b>If yes to 2 or more of these symptoms:</b><br>Stay home for 24 hours. If symptoms don't get better or get worse, contact a health care provider or call 8-1-1 about your symptoms and next steps.   |
| INTERNATIONAL TRAVEL:   | WHAT TO DO  |
| Have you returned from travel outside Canada in the last 14 days?   | <b>If yes:</b><br>Fully vaccinated students, staff and other adults who have travelled outside of Canada may qualify for the <a href="#">fully vaccinated traveller exemption</a> .<br><br>Students, staff and other adults who are not <a href="#">fully vaccinated</a> and have travelled outside of Canada <b>CANNOT attend school for 14 days after arrival</b> , as part of <a href="#">federal requirements</a> . |
| CLOSE CONTACT   | WHAT TO DO  |
| Have you been notified by public health that you are a close contact of a person confirmed to have COVID-19?                | <b>If yes:</b><br>Follow the instructions provided by Public Health.  |

You can also check your symptoms with the [K-12 Health Check](#) or the [BC Self-Assessment Tool](#).

Call 8-1-1 with any questions about symptoms of illness. If you have severe symptoms, like difficulty breathing (struggling to breathe or you can only speak single words) or chest pain, call 9-1-1 or go to the nearest Emergency Department.

Visit the [BC Centre for Disease Control website](#) for more information on COVID-19.

## Appendix C: Visitor Information Tracking Form

### Delta School District Communicable Disease Prevention - Visitor Information Tracking Record

School/Site: \_\_\_\_\_

| First and Last Name | Contact Number | Date of Visit | Time In | Time Out | Completed Daily Health Check |
|---------------------|----------------|---------------|---------|----------|------------------------------|
|                     |                |               |         |          | <input type="checkbox"/>     |
|                     |                |               |         |          | <input type="checkbox"/>     |
|                     |                |               |         |          | <input type="checkbox"/>     |
|                     |                |               |         |          | <input type="checkbox"/>     |
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|                     |                |               |         |          | <input type="checkbox"/>     |
|                     |                |               |         |          | <input type="checkbox"/>     |
|                     |                |               |         |          | <input type="checkbox"/>     |
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|                     |                |               |         |          | <input type="checkbox"/>     |
|                     |                |               |         |          | <input type="checkbox"/>     |
|                     |                |               |         |          | <input type="checkbox"/>     |
|                     |                |               |         |          | <input type="checkbox"/>     |
|                     |                |               |         |          | <input type="checkbox"/>     |

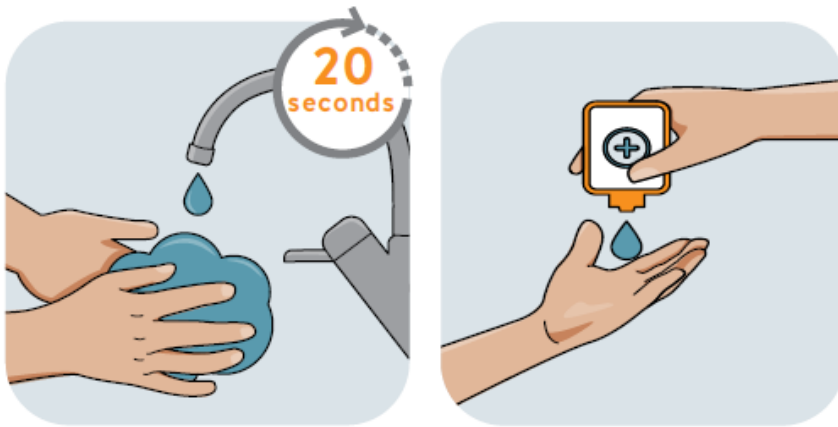
\* This information is being collected should it be necessary for public health officials to perform contact tracing for visitors to our schools/sites  
 \* All visitors, including District staff from other schools/sites, must sign in and out on this record form



## Appendix D: What to do if a Student or Staff Member Develops Symptoms

| <i>If a Student Develops Any Symptoms of Illness</i>   | <i>If a Staff Member Develops Any Symptoms of Illness</i>   |
|--|---|
| <p><b>Parents or caregivers must keep the student at home</b></p> <p><b>IF STUDENT DEVELOPS SYMPTOMS AT SCHOOL:</b></p> <p><b>Staff must take the following steps:</b></p> <ol style="list-style-type: none"> <li>1. Immediately separate the symptomatic student from others in a supervised area.</li> <li>2. Contact the student's parent or caregiver to pick them up as soon as possible.</li> <li>3. Where possible, maintain a 2-metre distance from the ill student. If not possible, staff should wear a non-medical mask or face covering if available and tolerated, or use a tissue to cover their nose and mouth.</li> <li>4. Provide the student with a non-medical mask or tissues to cover their coughs or sneezes. Throw away used tissues as soon as possible and perform hand hygiene.</li> <li>5. Avoid touching the student's body fluids (e.g., mucous, saliva). If you do, practice diligent hand hygiene.</li> <li>6. Once the student is picked up, practice diligent hand hygiene.</li> <li>7. Staff responsible for facility cleaning must clean and disinfect the space where the student was separated and any areas recently used by them (e.g., classroom, bathroom, common areas).</li> </ol> <p>Parents or caregivers must pick up their child as soon as possible if they are notified their child is ill.</p> | <p><b>Staff must stay home</b></p> <p><b>IF STAFF DEVELOPS SYMPTOMS AT WORK:</b></p> <p><b>Staff should go home as soon as possible.</b></p> <p>If unable to leave immediately:</p> <ol style="list-style-type: none"> <li>1. Symptomatic staff should separate themselves into an area away from others.</li> <li>2. Maintain a distance of 2 metres from others.</li> <li>3. Use a tissue or mask to cover their nose and mouth while they wait to be picked up.</li> <li>4. Staff responsible for facility cleaning must clean and disinfect the space where the staff member was separated and any areas used by them (e.g., classroom, bathroom, common areas).</li> </ol> |
| <p>The threshold for reporting student and/or staff illness to public health should be determined in consultation with the school medical health officer</p>   |   |
| <p><b>Anyone experiencing symptoms of illness should not return to school until they have been assessed by a health-care provider to exclude COVID-19 or other infectious diseases AND their symptoms have resolved</b></p>  |   |

# Prevent the spread of communicable disease



**Wash your hands often with soap and water for 20 seconds. If soap and water aren't available, use an alcohol-based hand sanitizer.**

## **Wash your hands:**

- When you arrive at work
- Before and after going on a break
- After using the washroom
- After handling cash or other materials that have come into contact with the public
- Before and after handling shared tools and equipment
- Before and after using masks or other personal protective equipment



## Appendix F: Curriculum, Programs and Activities

(Excerpt from Provincial COVID-19 Health and Safety Guidelines for K-12 Settings – August 24, 2021)

All curriculum, programs and activities should operate in alignment with provincial K-12 health and safety guidelines, including school-led activities held off campus<sup>5</sup> (e.g. sports academies, community-based programs/courses). Schools should continue to implement ongoing communicable disease prevention practices (e.g. cleaning and disinfecting, hand hygiene, respiratory etiquette) specific to the activity.

| Curriculum and Other School Activities and COVID-19 Prevention Measures |  |
|---|--|
| Libraries and Learning Commons  | <ul style="list-style-type: none"> <li>Textbooks, paper, paper-based products are safe.</li> <li>There is little to no evidence that viable COVID-19 viruses are transmitted via textbooks, paper, or other paper-based products. <a href="https://www.cdc.gov/coronavirus/2019-ncov/more/science-and-research/surface-transmission.html">https://www.cdc.gov/coronavirus/2019-ncov/more/science-and-research/surface-transmission.html</a>.</li> <li>Regular book browsing and circulation processes can occur as normal. There is no need to clean, disinfect or quarantine these items for any period of time.</li> <li>The BC Teacher Librarians Association (BCTLA) has developed <a href="#">Recommendation for Access to Library Learning Commons Resources to Meet COVID-19 Requirements</a>. In the case of any discrepancy in guidance, staff are expected to follow the guidance here, in the District Plan.</li> </ul>   |
| Music   | <ul style="list-style-type: none"> <li>Masks can be temporarily removed while engaging in an educational activity that cannot be performed while wearing a mask (e.g., playing a wind instrument).</li> <li>Masks must be worn while singing.</li> <li>Students grades K-3 are not required to wear masks and thus singing should be avoided for this group at this time.</li> <li>Shared equipment must be cleaned and disinfected (see section on Cleaning and Disinfecting Equipment). Equipment that touches the mouth (e.g., instrument mouth pieces, recorders) should not be shared unless cleaned and disinfected in between users.</li> <li>Students and staff are to practice proper hand hygiene before and after using music equipment.</li> <li>The BC Music Educators Association (BCMEA) has developed <a href="#">Guidance for Music Classes in British Columbia: COVID-19 and Pandemic Recovery</a> (Aug 2021). In the case of any discrepancy in guidance, staff and students are expected to follow the guidance here, in the District Plan.</li> </ul> |
| Theatre, Film, Dance  | <ul style="list-style-type: none"> <li>Staff are to:               <ul style="list-style-type: none"> <li>Spread out students within available space.</li> <li>Plan outdoor activities and programs, as much as possible.</li> <li>K-12 staff are required to wear masks during these programs when they are indoors.</li> </ul> </li> <li>Students in Grades 4 to 12 are required to wear masks during these programs when they are indoors, including dance, except during high-intensity physical activity when wearing a mask is personal choice.</li> <li>Students are to practice proper hand hygiene.</li> <li>Shared equipment such as set pieces, props, cameras etc. should be cleaned and disinfected. See Cleaning and Disinfection of Equipment.</li> </ul>   |

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| Physical Health Education (PHE) and Outdoor Programs | <ul style="list-style-type: none"> <li>▪ Staff and students are to spread out within available space, and outdoor activities and programs are preferred, when possible.</li> <li>▪ K-12 staff and students in Grades 4 to 12 are required to wear masks during PHE classes when they are indoors. <ul style="list-style-type: none"> <li>○ For low intensity activities (e.g., yoga, walking), students are required to wear masks when they are indoors. See Personal Protective Equipment for exceptions.</li> <li>○ Students are not required to wear masks during high-intensity physical activities (e.g., stationary bike, weightlifting, basketball, soccer, sprints). Mask use during these activities is left to a student's personal choice. Staff are encouraged to move high-intensity physical activities outdoors whenever possible.</li> </ul> </li> <li>▪ Shared equipment can be used, provided it is cleaned and disinfected once a day. As well, equipment that touches the mouth (e.g., water bottles) should not be shared unless cleaned and disinfected in between users. See section above on Cleaning and Disinfecting Equipment.</li> </ul>   |
| Playgrounds and Play Fields                          | <ul style="list-style-type: none"> <li>▪ Playgrounds are safe environments and there is no evidence of COVID-19 transmission using playgrounds.</li> <li>▪ Ensure proper hand hygiene before and after play outside.</li> <li>▪ Attempt to minimize unintentional physical contact between students.</li> </ul>   |
| School Sports  | <p><b>January 2022: All school sports tournaments are canceled until further notice</b></p> <ul style="list-style-type: none"> <li>▪ Sport activities should be held outside when possible.</li> <li>▪ Use all available space to spread students and staff out as much as possible.</li> <li>▪ Staff and students practice proper hand hygiene before and after sports and after handling shared sports equipment.</li> <li>▪ Masks are to be worn by K-12 staff and other adults as well as students in grades 4 to 12 when indoors. <ul style="list-style-type: none"> <li>○ Students are not required to wear masks during high-intensity physical activities (e.g., stationary bike, weightlifting, basketball, soccer, sprints); mask use during these activities is left to a student's personal choice. Staff are encouraged to move high-intensity physical activities outdoors whenever possible.</li> </ul> </li> <li>▪ Shared equipment can be used, provided it is cleaned and disinfected once a day. As well, equipment that touches the mouth (e.g., water bottles) should not be shared unless cleaned and disinfected in between users. See section above on Cleaning and Disinfecting Equipment.</li> <li>▪ See the <a href="#">Return to School Sports Plan from BC School Sports</a> for additional information. In the case of any discrepancy in guidance, staff and students are expected to follow the guidance here, in the District Plan.</li> </ul> |
| Extracurricular Activities                           | <ul style="list-style-type: none"> <li>▪ Staff may sponsor student intra- and inter-school extracurricular activities and special interest clubs can occur in alignment with this document and requirements of relevant local, regional, and provincial public health recommendations and Orders for <i>Gatherings and Events</i>.</li> <li>▪ This means, for example, that "indoor organized seated gatherings can have a capacity of 50 people or 50% capacity, whichever is greater. For example, if the venue has a normal seated capacity of 500 people, 250 people can attend."</li> </ul>  |

|                                       |   |
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| Field Studies                         | <ul style="list-style-type: none"> <li>Field trip staff sponsors must ensure that any volunteers providing student supervision are trained in and strictly adhere to the COVID-19 and communicable disease prevention requirements in this document.</li> <li>For transportation, including school buses, public transit, and carpooling, see section on these topics in this document.</li> <li>Staff must plan field studies/trips that align with relevant local, regional, provincial and federal public health recommendations and Orders.</li> </ul>  |
| Food Service and Food Fundraisers     | <ul style="list-style-type: none"> <li>Staff are to continue to emphasize that food and beverages should not be shared.</li> <li>Schools can continue to accept food donations to support learning and the delivery of meal programs, etc.</li> <li>School staff can offer food services and programs again.</li> <li>Staff are to reinforce all ongoing and COVID-19 related preventative measures in food preparation and service areas. Including: stay home if sick/conduct a Daily Health Check, frequent and proper hand hygiene, respiratory etiquette, spread out in the space available.</li> <li>Staff and students grades 4-12 are to wear masks while indoors. See Personal Protective Equipment.</li> <li>For food contact surfaces, school staff (e.g., culinary arts, home economics, meal programs, cafeterias, food fundraisers/events, etc.) must ensure any sanitizers or disinfectants used are approved for use in a food service application as well as are approved for use against COVID-19. These may be different than the products noted in this document for general cleaning and disinfection.</li> <li>Schools can continue to provide food services, including food for sale and fundraisers.<br/>NOTE: Administrators must ensure staff follow the guidance in this Plan and they must align with the <a href="#">Guidelines for Food and Beverage Sales in B.C. Schools</a>.</li> </ul> <p><u>Elementary</u></p> <ul style="list-style-type: none"> <li>Students in elementary will eat their lunch in their classroom.</li> <li>Elementary meal programs (e.g., breakfast, hot lunch) will be boxed meals. Students participating in meal programs will eat lunch in their classrooms with the other students.</li> <li>School administrators with meal programs are encouraged to maintain the system of meal delivery used at the school last year.</li> </ul> <p><u>Secondary</u></p> <ul style="list-style-type: none"> <li>If food service is provided in schools that are regulated under the <a href="#">Food Premises Regulation</a> (e.g., cafeterias), no additional measures beyond those articulated in this document and regular requirements as outlined in the regulation need to be implemented (e.g. a <a href="#">FOODSAFE</a> trained staff member, a food safety plan, etc.). No additional measures beyond those in this document are required.</li> <li><a href="#">Food Safety Legislation</a> and the <a href="#">Guidelines for Food and Beverage Sales in B.C. Schools</a> continue to apply to other food activities in schools, and administrators and staff should follow this guidance.</li> <li>Cafeterias may operate as normal, however, additional rooms/spaces within the school should be designated as student lunch areas. Each school will differ in this regard. Individual secondary schools will implement these and other strategies (e.g. additional hand sanitizer stations, signage, floor signage, set rules regarding lunch, etc) to ensure students and staff are safe and that students have options for where to enjoy lunch.</li> </ul> |
| Food Culinary Arts and Home Economics | <ul style="list-style-type: none"> <li>Continue to follow normal food safety measures and requirements, a <a href="#">FOODSAFE</a> trained person is required.</li> </ul>   |

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| Lockers,<br>Water<br>Fountains,<br>and<br>Washrooms | <ul style="list-style-type: none"> <li>▪ School can assign, and students can use, lockers as it is better for personal items to be stored in a locker than to be stored in classrooms or carried throughout the school.</li> <li>▪ Schools should implement strategies to manage the flow of students around lockers to minimize crowding and allow for ease of people passing through.</li> <li>▪ Water fountains will be available.</li> <li>▪ Washroom and sink access will not be limited.</li> </ul> |
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